



Goals: This safety session should teach employees to:

- Recognize the need to take safety seriously.
- Know how to demonstrate the right attitude towards safety.

Applicable Regulations: General Duty Clause Sec. 5 (b)



1. Take Safety Seriously

Every employee must take safety seriously in order to:

- Avoid accidents that can cause fires, explosions, or other dangers
- Avoid accidents that can cause job-related injuries
- Avoid exposure to hazardous substances that can lead to serious illness
- Comply with OSHA safety and health regulations
- Comply with company work rules, policies, and procedures

2. A Positive Safety Attitude Makes the Most of Company Safety Tools and Training

When you take safety seriously, you take advantage of the protections available on the job. The safety procedures, equipment, and information employers provide include:

- Engineering controls such as ventilation
- Work procedures such as lockout/tagout
- Personal protective equipment (PPE) such as gloves, hard hats, and protective eyewear
- Emergency planning and response programs such as alarms, evacuation plans, and eyewashes
- Safety information such as chemical labels and material safety data sheets
- Training on how to do your job safely

3. Carelessness Is the Most Common Cause of Workplace Accidents

Unsafe acts are often a factor in accidents. They result when people take attitudes like these toward safety:

- **Complacency.** After performing a job many times without an accident, you may believe you're experienced enough to skip safety procedures or steps. That's exactly when an accident happens.
- **Being upset or angry.** You can't let emotions get in the way of doing your job correctly. Distraction can be dangerous.
- **Fatigue.** Being tired can slow down your physical and mental reactions, causing your mind to wander.
- **Recklessness.** Taking chances with tools, machinery, chemicals, or work procedures is foolish and dangerous.
- **Being afraid to ask questions.** Training and work procedures cover a lot of ground—sometimes too much to remember. Always ask when you're not sure what to do or how to do it. It shows you're smart enough to know what you don't know.



4. Take a Positive Attitude Towards Safety

- Take personal responsibility for your own safety and that of your co-workers.
- Pay attention to training.
- Follow every step in every job every time.
- Know and follow safety rules.
- Use required personal protective equipment.
- Give work your full attention.
- Keep an eye out for hazards. Always ask, "What could go wrong here?"
- Put your personal feelings and problems aside while you're working.
- Urge your co-workers to follow safety procedures.
- Know what to do in an emergency.
- Ask questions about any procedure or precaution that's not clear.
- Report any safety hazards you can't fix.
- Save fooling around for your personal time.

5. Look for Opportunities to Improve Workplace Safety

Demonstrate that you have the right attitude towards safety by:

- Volunteering for safety committees
- Taking an active role in safety meetings and training sessions
- Proposing safety improvements through the suggestion system
- Cooperating with safety inspections and monitoring
- Setting an example of a good safety attitude for others, especially new employees

Discussion Points:

- ! – Ask for (and provide) examples of positive safety attitudes demonstrated in your workplace.

Conclusion: The Right Safety Attitude Prevents Accidents, Injuries, and Illnesses

When you take safety and your safety responsibilities seriously, you protect yourself and others from accidents that can cause injury and illness on the job.

Test Your Knowledge



Have your employees take the safety attitude quiz. By testing their knowledge, you can judge their ability to take safety seriously and whether they need to review this important topic again soon.



Check Your Safety Attitude

Do you:

YES NO

- | | | |
|---|-------|-------|
| ● Take safety seriously? | _____ | _____ |
| ● Feel a positive safety attitude helps to prevent accidents? | _____ | _____ |
| ● Recognize safety as a legal and company requirement? | _____ | _____ |
| ● Make full use of safety procedures, equipment, and information? | _____ | _____ |
| ● Avoid becoming complacent about tasks you've done many times? | _____ | _____ |
| ● Pay full attention to work? | _____ | _____ |
| ● Refuse to let emotions get in the way of your work? | _____ | _____ |
| ● Try to get enough sleep—and avoid risky tasks if you're tired? | _____ | _____ |
| ● Avoid fooling around or behaving recklessly on the job? | _____ | _____ |
| ● Pay attention to safety training? | _____ | _____ |
| ● Understand and follow all parts of all job and safety rules and procedures? | _____ | _____ |
| ● Try to get co-workers to follow safety procedures? | _____ | _____ |
| ● Know what to do in an emergency? | _____ | _____ |
| ● Fix or report safety hazards? | _____ | _____ |
| ● Ask questions about procedures you don't understand? | _____ | _____ |
| ● Volunteer for safety committees and demonstrations? | _____ | _____ |
| ● Look for and suggest safety improvements? | _____ | _____ |
| ● Cooperate during safety inspections? | _____ | _____ |
| ● Try to set a good safety example? | _____ | _____ |



Compruebe Su Actitud de Seguridad

Pregúntese si usted:

SI

NO

- | | | |
|--|-------|-------|
| ● ¿Toma seguridad seriamente? | _____ | _____ |
| ● ¿Cree que una actitud positiva hacia la seguridad ayuda a prevenir accidentes? | _____ | _____ |
| ● ¿Reconoce que la seguridad es un requisito legal y de la compañía? | _____ | _____ |
| ● ¿Saca provecho de los procedimientos, equipos e información de seguridad? | _____ | _____ |
| ● ¿Evita no prestar atención a tareas que haya hecho muchos veces? | _____ | _____ |
| ● ¿Presta atención total a su trabajo? | _____ | _____ |
| ● ¿Evita mezclar sus emociones con su trabajo? | _____ | _____ |
| ● ¿Trata de dormir lo suficiente y no haga tareas riesgosas si está cansado? | _____ | _____ |
| ● ¿Evita distraerse o actuar irresponsablemente en el trabajo? | _____ | _____ |
| ● ¿Presta atención al entrenamiento de seguridad? | _____ | _____ |
| ● ¿Entiende y sigue todas las reglas y procedimientos de seguridad y de su trabajo? | _____ | _____ |
| ● ¿Trata de que sus compañeros de trabajo sigan los procedimientos de seguridad? | _____ | _____ |
| ● ¿Sabe qué hacer en caso de una emergencia? | _____ | _____ |
| ● ¿Sabe cómo solucionar riesgos para la seguridad o reportarlos? | _____ | _____ |
| ● ¿Pide explicaciones adicionales de procedimientos que no entiende? | _____ | _____ |
| ● ¿Se ofrece como voluntario para participar en comités y demostraciones de seguridad? | _____ | _____ |
| ● ¿Busca y hace sugerencias sobre cómo mejorar la seguridad? | _____ | _____ |
| ● ¿Coopera durante inspecciones de seguridad? | _____ | _____ |
| ● ¿Trata de dar un buen ejemplo en materia de seguridad? | _____ | _____ |

